

Official Rules & Guidelines

MISS NATIONAL AMERICAN TEEN & COLLEGIATE

FEATURING:

Guidelines

Tips & Tricks

Wardrobe Requirements

Pageant 411

CONGRATULATIONS

Congratulations you on making the best decision to join our pageant family.

We hope you find this contestant guide book and rules helpful as well as entertaining.

Make sure we have your current email. Your email address will be our Number one way of communicating.

Our Contact Information:

Email: Info@MissAmericanTeenPageant.com

Phone: 904-236-2068* (Text is best way)

Correspondence Address: 530 East Howard St. Live Oak, FL 32064

***text a time to call or feel free to express yourself in the text .**

Disclaimer: Any and all information in this book is subject to change. You will be notified of any all changes.



Mandatory Competition

1. FORMAL WEAR

2. INTERVIEW

3. PERSONAL INTRO

4. FASHION WEAR

5. FITNESS

6. COMMUNITY SERVICE



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Evening Gown Competition

20% of your score comes from this phase of competition. Presentation in Evening Gown is the finale' competition and gives each delegate the opportunity to capture the audience and judges through her natural beauty, personality, poise, and grace in a floor length gown. A variety of gown types are permitted. Delegates should ensure their choice is age appropriate and makes them look and feel their best.

Wardrobe:

Your dress being age appropriate is a BIG must. We don't approve of high slits, low neck-lines, and all dresses should touch the ground appropriately. The dress can range from off the rack to couture, whatever makes you look and feel your best. Keep in mind when purchasing a dress that it should be a dress you would feel comfortable wearing on a national stage. Make sure you are wearing the dress, and the dress isn't wearing you.

Shoes should be comfortable and age appropriate as well. There is so specific size that is permitted but again choose a shoe that is comfortable because they most likely won't be seen.

Try to stray away from distracting jewelry. It should compliment your dress and face. Remember you make-up should be age appropriate and not overwhelm your natural qualities. Handbags, Purses, Clutches, or props of any kind are NOT PERMITTED! Please keep in mind through all phases of competition that you are applying for the job as one of the representatives for the great state of Florida. Piercings and tattoos may have a negative impact on the judges scores. We encourage you to cover any noticeable tattoos or extra body jewelry.

Guidelines:

Every contestant will learn a specific walking pattern in their rehearsals. DO NOT add to any of the routine or the contestant will be marked off. Each contestant must walk at an appropriate pace. The judges will be given specific advice to pick a winner that exudes confidence and is comfortable on stage.



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Interview Competition

30% of your overall score comes from this phase of competition. Interview will be done panel style. The Interview Competition is your time to shine in front of the judges. It will be brief, but will give you the opportunity to introduce yourself and discuss your personal goals and objectives. It is also an excellent time to let the judges know why you should be crowned a Miss American Teen Queen!

Wardrobe:

Interview attire should be age appropriate. We DO NOT allow suits (this includes pantsuits). Your dress should not be tight, it should fit modestly and comfortably. High slits on the side or front of your interview dress will NOT be allowed. Your attire can be the color of your choosing. You do not need to wear any sort of tights, leggings, or stockings. Stay away from busy patterns, do not wear any shawl or jacket, keep jewelry very simple to avoid distractions, and do not bring any clutch or accessory into the interview room. We do not recommend wearing any dangling bracelets.

Shoes should compliment your outfit. Stay away from anything distracting or with busy patterns. Heels cannot be higher than five inches.

We suggest that your hair is not in your face and we recommend the most natural makeup since you will be so close to the judges.

Guidelines:

When you walk into the interview room you will greet the judges with a smile and introduce your self by saying, "Hello, my name is Tinkerbelle and my contestant number is 567." After the judges will have your resume that you filled out and they will begin to ask you questions. Questions can range from political to personal. Make sure you are up to date on your current events and news stories. The question difficulty will vary from each age division. Jr. Teen's interview will last for six minutes, Teen and Collegiate interviews will last eight minutes. This gives the judges an appropriate amount of time to judge you on your poise, public speaking skills, personality, and ability to articulate. After your time is up the timer will beep, feel free to finish your sentence but DO NOT start another one. The timer beeping means the interview is now concluded and you will leave the interview room.



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Fitness Competition

20% of your overall score will come from this phase of competition. Delegates will model an athletic-wear outfit to receive a physical fitness score. The outfit will be selected by the pageant and consist of coordinated aerobic or athletic attire. Judges will be looking for the individual who is confident, energetic and healthy, with a strong sense of self-esteem.

Wardrobe:

It is **required** to wear Sport Bra, Spandex Shorts or Leggings, and Running Shoes.

DO NOT wear any sheer tights or Spanx. Please make sure your chest or bottom is not popping out of your outfit. Although this phase of competition is to showcase your healthy lifestyle we do not want it to be sexualized or inappropriate. Your outfit can be any color, but we do recommend bright colors. Please make sure all fabric is thick so when the stage lights hit you, your outfit is not see through.

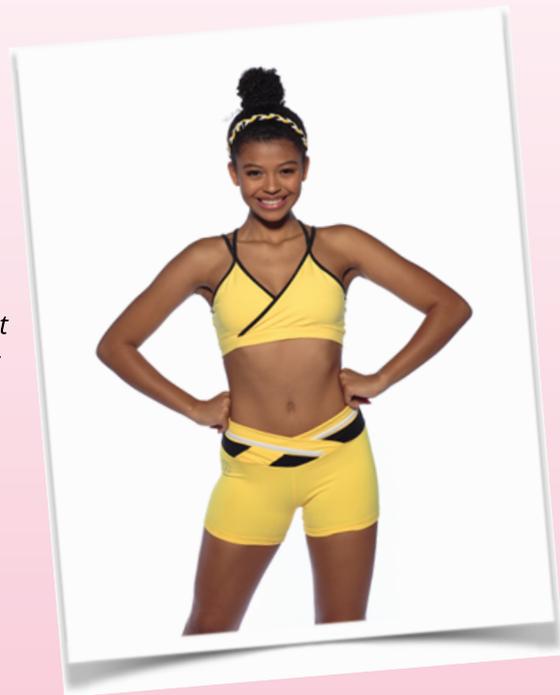
You are permitted to wear jewelry as long as it is not to distracting or dangly. Headbands are also permitted.

Makeup can be stage make-up, since you will be on stage. Hair can be in pigtails, down, in a pony-tail, or however you would like it. We recommend it is out of your face.

No weights, jump ropes, balls, water bottles, sweat towels, or any prop is allowed.

Guidelines:

Once you hear your name called you will walk on stage and perform the workout routine or walking pattern that you were taught in rehearsals. DO NOT add to any of the routine or the contestant will be marked off. You are allowed to flex your muscles and show off your healthy body. This portion of competition is to see how confident the contestant is and if she exudes health.



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Fashion Wear Competition

20% of your overall score will come from this phase of competition. The Fashion Modeling competition is a chance for each delegate to show their sense of fashion and style. The outfit can be a dress, pants, shorts, skirts, dressy or even high glitz! This is the fun outfit, however, no denim is permitted. The outfit can have a theme, just remember that it is not a costume contest. Natural modeling ability, confidence and poise on stage are evaluated.

Wardrobe:

This is your chance to express your style and fashion sense. Feel free to get creative. Make sure you stay age appropriate. NO props or purses are permitted. Please only wear your outfit, jewelry, and shoes.

Guidelines:

This phase of competitions is mainly off the book. You will receive a walking pattern in your rehearsal. Please feel free to prepare your own poses and style before rehearsal and incorporate them into the pattern on stage.



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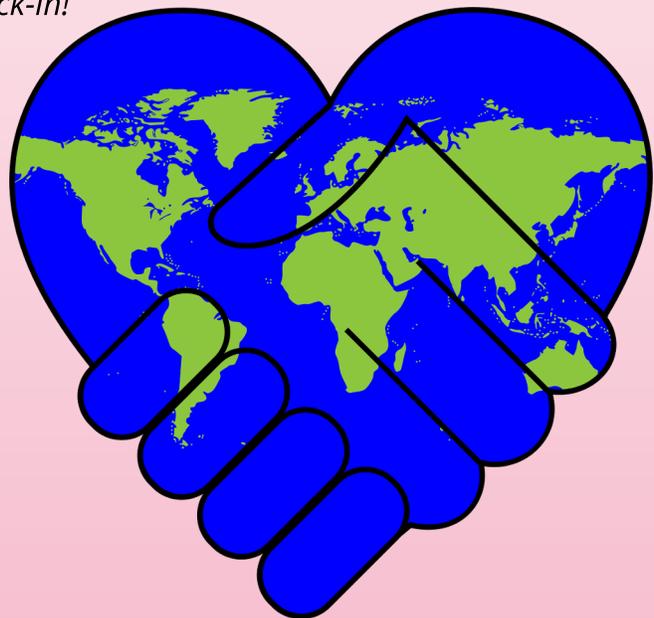
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Community Service Competition

5% of your overall score will come from this phase of competition. Giving back to the community in which we live is an important part of being in the Miss American Teen family. Delegates will be given a score on their community service hours (6 hour minimum).

Guidelines:

This phase of competition is required for every contestant. All that is required is your servants heart and a signed letter stating your volunteer hours the minimum requirement is six. You will turn in your signed letter and volunteer hours at the MAT check-in!



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Personal Introduction Competition

Personal Introduction:

5% of your overall score will come from this phase of competition. The Personal Introduction will be the first time the judges will see you in front of a live audience. This will be your opportunity to shine! Each delegate will have 15 seconds (max) to introduce herself to the audience (name, age, title) and include a fun fact about herself.

Wardrobe:

See Interview Guidelines. The wardrobe will be exactly the same.

Guidelines:

This phase of competition will be rehearsed in your contestant rehearsal. The outline will be simple. Each contestant will come on stage and say their 15-30 second introduction. Your introduction will not be scored if you do not say the following things: Name, Age, Hometown, and Ambition. The order you would like to say it in does not matter. You are allowed to add any extra in your intro that you would. Please see the examples below.

Example 1: "Hello my name is Lisa Frank, I am 17 years old, I was born and raised in the sunny state of Florida, and when I grow up I would like become a Disney princess and work at the Magic Kingdom."

Example 2: "Nothing is Impossible, the word impossible itself says I'm possible." And I believe all things are possible that is why I aspire to become a Disney Princess, spreading my fairy dust and love all the way from Jacksonville, Florida. I am Lisa Frank."

PREPARE^{FOR} #MNATC

Practice makes Perfect!

1. Practice, Practice and Practice!
2. Join monthly Webinars, read Monthly Newsletters.
3. Watch Train Videos on MAT Website
4. Start early!
5. Involve your Family and Friends.
6. Be yourself!
7. Have Fun!!

Optional Competition

1. TALENT

2. ACTRESS

3. SPOKES MODEL

4. MISS PHOTOGENIC

5. COVER MODEL/PHOTO

SHOOT



Optional Competition

Remember the optional is not a part of the final competition for the titles. This portion is judged separately by a separate sets of judges. It is NOT required.

Why Do Optionals: It is a fun way to showcase you. It helps you to get use to the stage. You win prize money and a trophy.

When: Optionals are usually held before the final competition .

Open the Public There is not charge to attended optional contest! Cool, Right!

Cost to enter: \$50 Dollars /competition

Prize: Winner \$175 Cash, Trophy ,



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Talent Competition

This phase of competition has absolutely no bearing on your overall score of the required competitions. It is an optional competition which means contestants are not required to compete but can to get more out of their pageant experience. Please note: Just because you win optionals does not mean you will win a title. These portions of competition are completely separate.

Wardrobe:

Choose your own outfit. The outfit should appropriate for the type of talent performance and your age. Be sure it is not too mature or revealing.

Guidelines:

*Only live solo talent presentations will be permitted. The talent competitor is the one person performing and is the only person on stage. Each performance has a strict limit of **2 minutes**. Timing begins when music starts or when performance begins, whichever is first. A bell will ring at two-minutes; at that point the scoring will end and your performance will be brought to an end. You are permitted to wear makeup just age and talent appropriate. Also, no suspended gymnastic apparatus is allowed. The contestant may not engage in a talent that may increase our venues liability or pose as a health hazard to any other person in the vicinity such as with fire or archery.*

CD player and operator, hand-held microphone, headset microphone, microphone on a stand, emcee, and a stage will be available to talent competitors.

Please bring your choice of outfit and an accompanist, if needed, or two copies of your music on a CD (in case one doesn't play) NO MUSIC will be played on any electronic devices such as cellphones, ipods, iPads, etc. Your CD must be well labeled with your name and contestant number and the name of the song. ONLY have your one talent song on the CD to avoid confusion.

All accompanist are to be located off stage. Piano is subject to availability. Please ask our state director is one will be provided at your state pageant.



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Actress Competition

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Wardrobe:

Please wear your MAT shirt and jeans shorts with matching shoes of your choice.

Guidelines:

You must choose a commercial or monologue under 30 seconds to perform. Keep in mind no props are allowed. You will be scored on your acting ability and delivery. First you will "slate" or say your name. You will receive a cue of "action" or "cut" from the emcee as you perform your commercial or monologue. You will receive one "take" or opportunities to say your line.



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Spokes Model Competition

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Wardrobe:

This optional contest is all about public speaking so we recommend to wear an interview outfit. See the outfit guidelines for interview.

Guidelines: *The maximum time limit for your speech is **1 1/2 minutes**. The timing will begin when you arrive at the podium and begin speaking. Your time will end when you have finished speaking or at the end of the time limit, whichever occurs first. Your pre-printed speech will be at the podium for you to reference as needed. In composing your speech, you may recruit any and all help that you wish, but be sure to use your won words. Please bring two neatly typed or printed copies of your speech, along with your interview outfit.*

Topics:

- "My state"*
- "My best quality or the most important quality to have"*
- "Why I say NO to drugs"*
- "My future"*
- "My platform"*
- "What friendship means to me"*
- "If I were president for a day"*
- "How we can make the world a better place"*
- "My role model or favorite American"*
- "What Confidence is to Me"*



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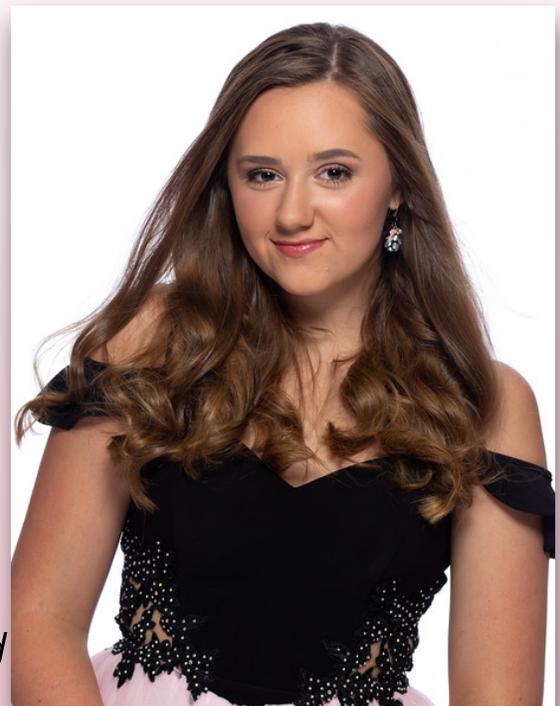
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Miss Photogenic Competition

This phase of competition has absolutely no bearing on your overall score of the required competitions. It is an optional competition which means contestants are not required to compete but can to get more out of their pageant experience. Please note: Just because you win optionals does not mean you will win a title. These portions of competition are completely separate.

Guidelines:

Photogenic will be selected from your photo(s) brought to Pageant Check-in. You may enter, one, two, three, or four photos, and photo provides you another opportunity to win. The photo can be color or black and white. Head-shots generally work best. Makeup is allowed, but must be age-appropriate. The photos will be handed back to you at the end of judging. Photos must be submitted at pageant check-in. DO NOT mail in any photos. Please bring photographs to pageant check in with first and last name and age division printed on the back of each picture.



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Cover Model Competition

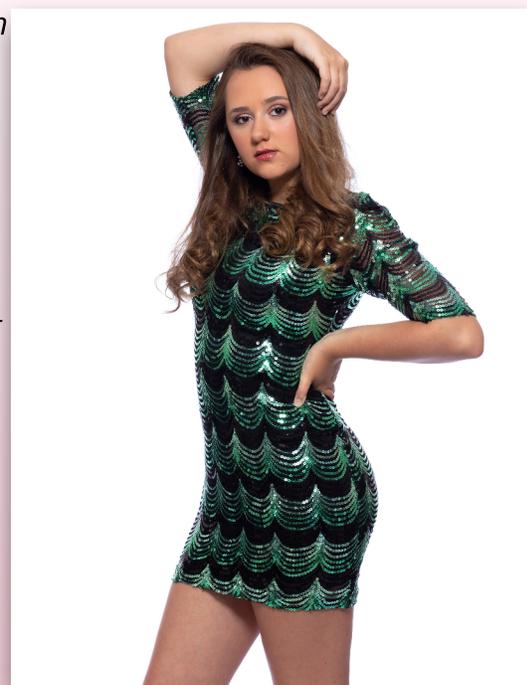
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Wardrobe:

In this event you will model age-appropriate attire that has an upbeat fashionable look. Shorts, pants, capris, skirts, dresses, trendy jeans, and rompers are just some examples of clothing you may wear for this event. Also, your outfit can have a theme: back-to-school, sports related, and other themed outfits may be worn. This is a casual wear contest, for a formal wear competition. Sequins, rhinestones, and beads are fine if used in a way one would normally see trendy, off the rack apparel. Don't make the bling the centerpiece of your outfit.

Guidelines:

Your photo shoot time will be scheduled at pageant check-in with a professional photographer in front of a panel of judges. Your photoshoot time will be scheduled at the pageant and is closed to the public. Arrive to your photoshoot 10 minutes early. Only one outfit per entry is allowed. You will walk into the photo studio and be greeted by the official photographer. The judges will be in the studio observing and scoring how well you work with the photographer as well as the resulting photos. Use freestyle modeling with turns and poses to reflect your personal style.



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Special Honors/ Awards

This part of the competition is Included in the cost of registration, each delegate will also be considered for the following Special Honors and Trophy (one per Division):

American Spirit Award: In order to qualify for this award you must compete in 4 or more optionals

Finalist Trophy: Every contestant will receive this trophy for outstanding participation

Top Scholar Award: This award will be given to the girl with the highest GPA

Role Model Award: This will be awarded to the girl that had the best attitude throughout the pageant

Community Service Award: This goes to the girl with the most community service hours

Missionary Award: This will be awarded to the girl that has the best platform

Most Tickets sold: This goes to the girl that sold the most tickets

Best "Thank-You" note: This will be awarded to the contestant that had the best thank-you note addressed to her sponsors

Future Business Leader: This will be awarded to the girl that has sold the most tickets and ad sales!

Art Contest: This will be awarded to the contestant to submitted the best art entry

Best Scrapbook: This will be awarded to the contestant that has the best scrapbook



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PAGEANT 411 *The Judging Sequence*

A question we are often asked is, "Are the girls judged in the dressing room or walking around the hotel." absolutely NOT. We do not want you to have to wonder or worry about how or when the judging is taking place, so lets take a moment to go over the simple two-step scoring sequence.

FIRST: During each event such as Evening Gown, Interview, etc. each judge is individually scoring each girl in each category as the event takes places. The scores are tallied on a computer and triple-verified. Very simply, the sum of those scores determines the top-qualifying finalist.

SECOND: During the final show, ALL of the pageant State Finalist participate in the show equally. All the girls will appear in the exciting opening number dance and parade of formal wear. However, during the Final Show, the top-qualifying finalist will be ranked by the judges with new individual ballots, which they will receive just prior to the beginning of the Final Show. As with any pageant similar competition, the judges are taking this final opportunity to more closely evaluate each of these top-scoring girls in such areas as:

-Does the girl only smile when she has to, or is she a sincerely happy person?

-Does she have good overall poise and appearance?

-Given her age, how well she follow the stage instructions given in rehearsal?

-Does the girl relay natural confidence in the way she carries herself?

-Is she kind to the other state finalist around her, or does she, for example, shove others to get out in the front?

-Is she capable; could she handle herself when meeting the State Governor or other celebrities; is this the right girl to represent the state.

These girls appear with everyone else during the Final Show; they are not singled out in any way. The top qualifying finalists are not announced until the END of the show; until then, ONLY the Judges will know who they are (and the judges are not even given their final ballot lists until immediately before the Final Show begins). When the top-qualifying finalist, the judges will make their FINAL ranking. Finally, these rankings are then tabulated, and from that final tabulation alone, the winner is selected.

Please do not spend time speculating whether you (or anyone else) "made it into the top" or not. Generally this unproductive and places focus in the wrong area. After the preliminary events are completed, you should just concentrate on getting rest and doing your personal best during the Final Show. You will always be a winner when you do your best.



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Score Reports

At Miss American Teen, we feel that scoring is the backbone of any good event, and that by receiving a thorough score report is an integral part of maximizing your growth and learning from the event. By seeing the areas in which you excelled, as well as those where you have opportunities to improve, you will have more confidence in preparing for next summer's Miss Florida American Teen Pageant. If you qualify for nationals through the required competitions or through the optional competitions, it will help you prepare for Nationals that summer.

While most pageants do not provide score reports, we are proud to provide the score reports for all of the required competitions. If you would like a mailed copy of your score report you will need purchase that package at check-in. The score report will include any judges comments and the highest score in the specific competition.



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You can qualify to compete in the 2019 National Pageant in several ways, including:

State Queen Competition

1. Compete in a 2019 state preliminary competition will be a phone interview conducted during the 2nd week of February 2019. The winner of this competition will Win their State title. They will Win State Title Sash and State Crown. (Your full entry fee must be paid in full by Jan. 31st 2019 in order to compete for the State Title NAME.)
2. City Queen Titles will be allowed to compete at Nationals. Apply directly to Nationals as an City Queen titles. (Should full entry fee is not paid by January 31st City Queens can only compete in the NATIONAL ALL AMERICAN COMPETITION.)

All State Queens will compete for national titles in their division, including: **Miss National American Jr. Teen, Miss National American Teen , Miss National American Collegiate, and the Ms. American Royal.**

National Court Competition

1. All City Queens will Compete in a 2019 state for the All-American titles.
2. Apply directly to Nationals for your City Title.

National Court titles to be awarded include: **Miss All-American Jr. Teen, Miss All-American Teen, Ms. American Royal and Miss All-American Collegiate.**

*The Miss National American Teen and Collegiate Pageant reserves the right to change the hotel venue with six weeks advance notice.



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Winners

If you are crowned our new Miss American Jr. Teen, Teen, or Collegiate you will be required to stay an extra day in the hotel for our Official Queen Photoshoot. This will include the winners headshots for the National Pageant. We will also need this day to sign contracts and start on your national paperwork.



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PAGEANT 411

Photograph/Video Taping

Abiding Light photography will be capturing our group photo. If you would like to order a group photo it will be \$40 and you can purchase one at check-in. You will be able to pick up the photo at the pageant finale.

*Video taping will be taped by a company and sent to you later on after the pageant is over. You can also purchase this addition at pageant check-in. You **MUST** order this before the final show.*

There will be video taping and photography allowed in the ballrooms for all competitions including the final show. However there are no pictures allowed in the dressing room.



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American Teen University

We will have a ton of help for you new-comers on our ATU website the password to unlock all of our secrets to success is: mlfatrocks18

There you will find everything you need to help you succeed at our state pageant and maybe even our national pageant.



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AD Page:

Your Mandatory ad Page and Payment \$300 Deadline is March 31st. No Exceptions! IF PAYMENT IS NOT RECEIVE THERE IS AN EXTRA \$150 Charge to add your ad to the book. *Judges will use your AD page that entire weekend to identify you.* Please put your best foot forward. All ads will be professional designed by Pageant Designs (included in your ad page payment. no extra charge to you)

Please DO NOT DELAY! EARLIER THE BETTER.

If you Sell 5-7 pages win: Invitation to Nationals as all American Title . \$300 Cash Scholarship, Trophy. Each Ad page cost is \$300/page. All pages are in color.

Sell More than 7-9 pages Win Full Entry Fee to Nationals and Add Page, Trophy,

Sell 10 More ads pages Win Full Entry Fee to Nationals, \$300 Cash, National Ad Page, Trophy

Sell The Most Ads (minimum # ads 5) Win Crown, Sash

Your Business Ad page will not be designed by Pageant Designs. These Ads must be already Designed and ready to go into the program book.

ad Designs sizes: (Use MNATC specifications. Make sure bleed over)



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Tickets:

It's time to celebrate all of your hard work and dedication at your Miss American Teen Pageant Finale. All of our required competitions and optional contest are open to the public at no charge. However, the pageant finale requires every person attending to have a ticket except the state finalist competing in that Final Show. Here are some frequently asked questions about the pageant finale tickets.

Q: How do I pre-purchase pageant finale tickets?

A: There are 3 ways to purchase finale tickets.

- 1. Online specify what the payment is for and the name of the contestant.*
- 2. By phone by calling (904)-236-2068 and ordering tickets with our pageant director Charlotte Gerry.*
- 3. At Pageant Check-In, check-in is two days before the final show and you can order them up until the time the final show starts.*

Q: How much to tickets cost?

A: Tickers are \$25 dollars and cost the same price no matter how you buy them. \$10 for Preliminary Competition.

Q: Is there anyway I can get reserved seating?

A: There is Yes reserved seating. All seats are general admission and on a first come, first-served basis. However, if you purchase 15 or tickets we will reserve tickets for your party.



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MNATC Spotlight:

Help us spotlight our Miss National American Teen & Collegiate finalist. We want to know what you are doing in your school in your community, or just anything that you are proud of and we want to share you with our #MNATC family. Use our official hashtag #MNATC.

Here is how it works.... Simply share a picture of yourself doing something special on our Facebook and/or Instagram account listed below. Make sure that you use the Official Miss Florida American Teen hashtag, #MNATC. Once a week, we will spotlight one exceptional Stat Finalist on our official social media outlets. You can post as many pictures as you would like. This can be a picture of you in your school play, with one of your sponsors, with a great report card, playing your favorite sport, or just a pic of you hanging out with your family. It doesn't matter. We just want to spotlight you being you.



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Our expectations of you as a City Title holder:

1. Be a role Model! Remember others girls are going to look up to you because you are wearing a crown and sash. The Crown and Sash is a reminder that you are apart of Royalty. Use it to your advantage to make friends and build community relationships.
2. Create a platform or volunteer. Find a topic or problem in society that you are passionate about being involved. Map out a plan on how you can reach your community with a solution or volunteer your time.
3. Recruit a little Sister. Share the good news about MAT. Focus on getting a little sister to spend time with her. Take her on your appearances, and encourage her to Join MAT.
4. 3-5 Appearances required. You must look for opportunities to Appear. Ideas: Local Parades, Church, Community events. or create your own. Contact the coordinators of these Events. Introduce yourself and tell them why you want to be involved.
5. 1-2 Social Media Posting required. Please Send all of your Events with Sash and Crown on to Info@NationalAmericanTeen.com and we will spotlight you!
6. We expect you to follow our Facebook Page and IG. To like and support our MAT family posts.
7. Sign a code of conduct and Contract to compete in State Competition Representing your Community. (Press Releases are allowed and strongly encouraged.)
8. If you make a separate Instagram for you title please give us that information so we can check it out and give it to the judges. The judges will be able to look at your social media we encourage it to not be a private account. Especially during weekend.

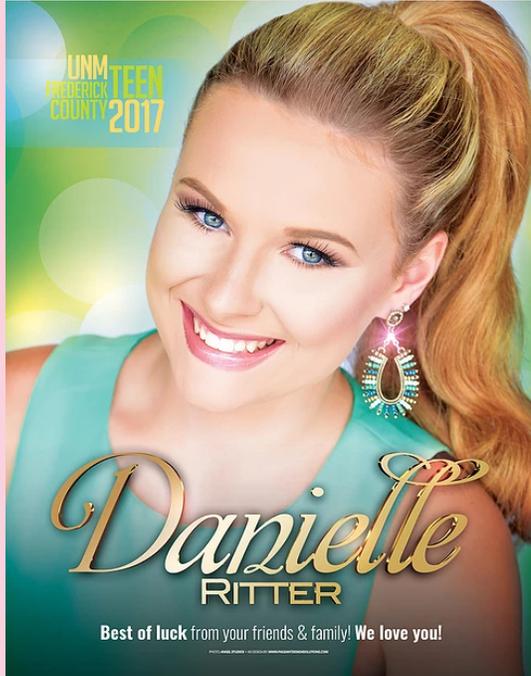
Finally at this Meeting, We will Go over with what you can Expect from **US!**

What to expect from US:

1. Be Fair and Honest at all times
2. To Be on Time
3. Encourage you to be your Best!
4. Listening Ear for all Good , bad and the ugly.
5. Provide relevant training
6. Keep you posted.

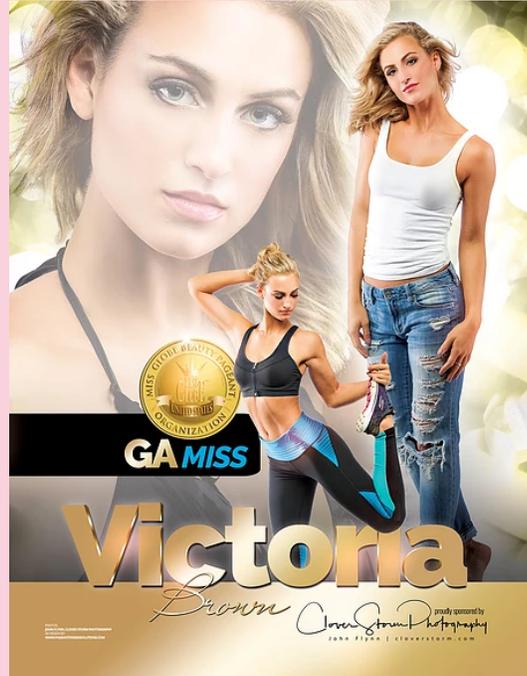


Sample of Each page of Judges Portfolio



Required Cover page

OR



You Choose your style

Designed by Pageant Designs

FIRST NAME LAST NAME
Address - Phone
Email - LinkedIn Profile - Twitter/Blog/Portfolio

To replace this text with your own, just click it and start typing. Briefly state your career objective, or summarize what makes you stand out. Use language from the job description as keywords.

EXPERIENCE

DATES FROM - TO
JOB TITLE, COMPANY
Describe your responsibilities and achievements in terms of impact and results. Use examples, but keep it short.

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JOB TITLE, COMPANY
Describe your responsibilities and achievements in terms of impact and results. Use examples, but keep it short.

EDUCATION

MONTH YEAR
DEGREE TITLE, SCHOOL
It's okay to brag about your GPA, awards, and honors. Feel free to summarize your coursework too.

MONTH YEAR
DEGREE TITLE, SCHOOL
It's okay to brag about your GPA, awards, and honors. Feel free to summarize your coursework too.

SKILLS

- List your strengths relevant for the role you're applying for
- List one of your strengths
- List one of your strengths
- List one of your strengths

ACTIVITIES

Use this section to highlight your relevant passions, activities, and how you like to give back. It's good to include Leadership and volunteer experiences here. Or show off important extras like publications, certifications, languages and more.

**Required Resume
1 page only**



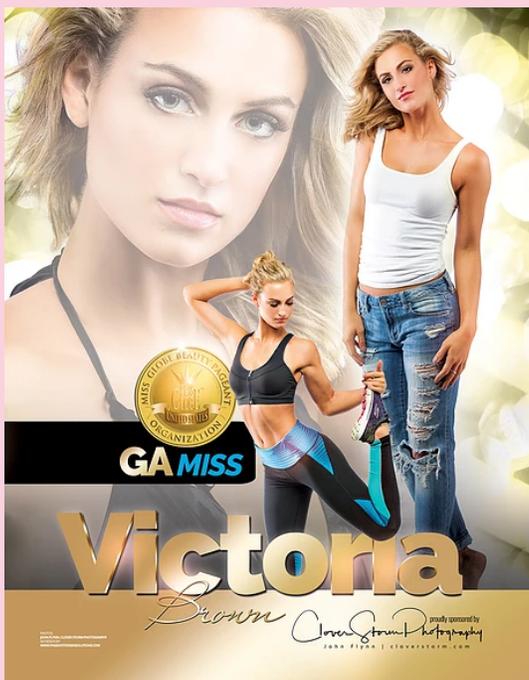
**Required Volunteer page
3-5 pictures only**

*** You MUST Submit the Pictures by April 30th 2019**

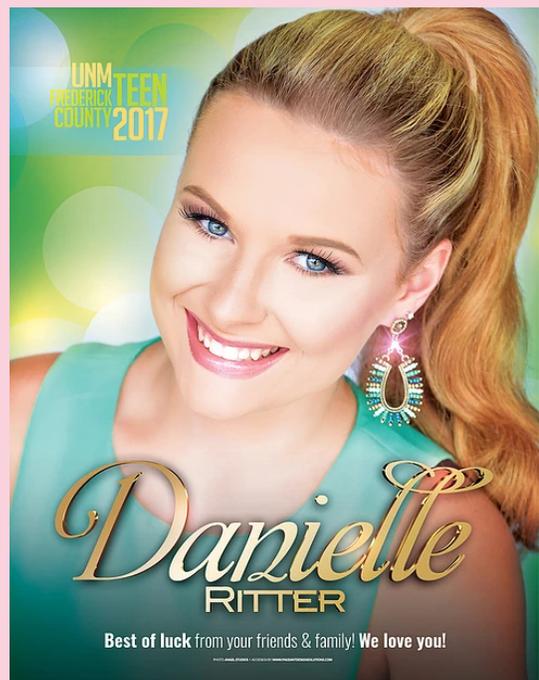
*** You will need a Separate Head Shot for the Program book. This is a Full head shot. You will have 2 pictures in the program book. 1- Head Shoot & 2- Full Page Sponsor Ad Designed by Pageant Design. (Yes you Can purchase more ad pages. Cost \$300 Each Page)**



Sample Head Shot



OR



Sample AD Page